

Say goodbye to the forefoot plateau! Postoperative care – newly defined.

The Relief Dual®: The all-rounder for a variety of treatment option



Relief Dual® Off-loading Shoe



PegContour® Insole Uni



PegAssist® Insole



Puzzle Insole®



Relief Contour Insole

- > Continuous, rigid reinforcement of the base of the shoe
- > Innovative dual sole technology
- > Optimal shock absorption
- > Reduced force
- > Space for inserts through the removable insole (also diabetes-compliant foot bed)
- > Improved pressure redistribution
- > Greater stability
- > Negative heel through use of the insoles Puzzle Insole®, Relief Contour Insole

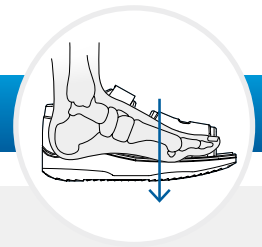
Complement the Relief Dual® with our insoles for individual care requirements according to indication.



DARCO

Relief Dual®

Off-Loading Shoe



Proven quality, innovative concepts!

Back-shifted pivot point
for less pressure on the forefoot

The Relief Dual® Off-loading Shoe, which does not have a plateau in the forefoot region, provides stability and reduces pressure on the foot following foot surgery.

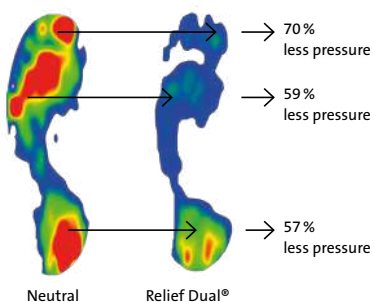
The Relief Dual® impresses with an innovative and newly designed dual sole technology: a rubber outsole for contact with the ground combined with an EVA sole for optimal shock absorption. This combination of both materials provides significantly improved shock absorption, slip resistance and optimised rolling characteristics of the shoe.

There is virtually no movement of the ankle during each step due to continuous, rigid reinforcement of the base of the shoe which ensures greater off-loading of the forefoot. Furthermore, this achieves improved pressure redistribution.

INDICATIONS


- > Postoperative
 - For stabilisation and offloading, e.g. in case of foot osteotomies
 - For removal of Haglund exostosis
 - After surgery for fasciitis plantaris / heel spur
- > For wound therapy


Average reduction of pressure peaks



Right = Left 

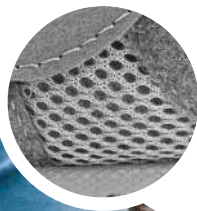
Exchangeable insole 

For diabetics with a suitable insole 

Compensation shoe not necessary 



- > Broad hook and loop fastener across the instep
- > Strap loops on both sides
- > Hook and loop fastener can be cut to length



- > Modern colour design
- > Light, breathable upper material



- > Stable heel cap for improved rearfoot stability
- > Available in 7 sizes
- > Soft lining



- > Space for inserts through the removable sole (also diabetes-compliant foot bed)
- > Low profile height – no height adjustment necessary



- > Seamless and larger comfort area after, e.g., hallux valgus surgery



- > Wide entry
- > Easy use



- > Removable sole
- > Can be exchanged with the PegAssist® Insole, PegContour® Insole Uni, Puzzle Insole® or Relief Contour Insole



- > Slip-resistant rubber sole
- > Improved shock absorption particularly in the heel and ball area



- > Built up in layers for improved pressure redistribution through the long-sole, rigid inner sole



- > Toe cap optionally available
- > Impact protection for the toes
- > Protects the toes from cold and dirt



PegAssist® Insole

Peg Off-Loading Insole



Selective off-loading through individual relief zones

INDICATIONS

Selective off-loading for:

- > Plantar lesions
- > Plantar ulcerations
- > Pressure points

FEATURES

- > Insert system with individually removable pegs
 - Individual fitting
- > Plantar pressure redistribution
- > Targeted, punctual pressure relief
- > Pressure reduced by up to 50 %
- > Shock-inhibiting
- > Material: 18 mm PE foam layer + Poron® + EVA
- > Square Toe: Generous angular shape
 - Toe protection
- > Marker pen (included)

Right = Left 

For diabetics 

Low weight 

Time saving 



PegContour® Insole Uni

Universal Peg Arch Cushion Insole



Due to the symmetry, the insoles are wearable either on the right or left.

Simultaneous targeted offloading and pressure redistribution over the entire surface

INDICATIONS

- > For use following hallux valgus and small toe surgeries (Austin, Akin, Scarf, Weil, Hohmann, etc.)
- > Postoperative use and treatment of the heel
- > Angioneuropathic changes of the foot in combination with mild foot deformities
- > Healing of ulcerations in the heel area
- > Plantar fasciitis / heel spur
- > Heel wounds

For selective off-loading for:

- > Plantar lesions
- > Plantar ulcerations / ulcer prevention
- > Pressure points

FEATURES

- > Shock-inhibiting arch-cushion insole (long-soled) with individually removable pegs → Individual fit
- > Plantar pressure redistribution + targeted, selective pressure relief
- > Pressure reduced by up to 45 %
- > Customisable PU material with high shape recovery
- > Soft sole covering made of lengthwise and crosswise elastic polyester → High wearing comfort
- > Sole symmetrical → Universal fit for right and left
- > For lesions in the arch of the foot

Right = Left



For diabetics



Time saving



NEW
VERSION

THE NEW VERSION HAVE SEVERAL ADVANTAGES

- + Modified production method
→ No EVA insole floor / backing plate required
- + Easier and quicker customisation
- + Optimised PU material composition
→ Better resilience
- + New insole lining and colour design
- + Made in Europe

Puzzle Insole®

Modular Insole



Indication-specific pressure relief through a modular insole with interchangeable elements

INDICATIONS

1 Small Toe Module (narrow)

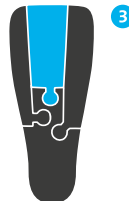
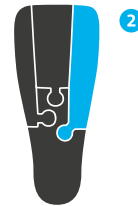
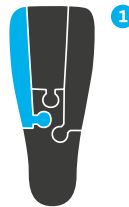
- > Tailor's bunion (digitus superductus)
- > Jones fracture (puzzle module extends to Lisfranc joint row)

2 Large Toe Module (wide)

- > MTG joint and base joint arthrodesis
- > Austin, Scarf and Akin osteotomy
- > Closing and opening wedge
- > Transverse and pendulum osteotomy
- > Lapidus arthrodesis (TMT1 arthrodesis)
- > Youngswick osteotomy (puzzle module extends to cuneiform I)

3 Middle Module

- > Weil and / or Helal osteotomy I – IV
- > Morton's neuroma
- > Hammer toe correction
- > PIP / DIP arthrodesis
- > Metatarsal bone fractures II - IV
- > Shortening osteotomy of the metatarsal bones II - IV (puzzle module extends to proximal end of the metatarsal bones II - IV)



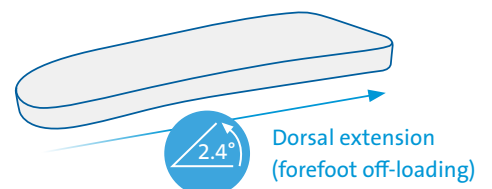
Right = Left 

Low weight 

Time saving 

FEATURES

- > Set of two soles (blue + black) with 4 elements each → Individual combination options
- > Different Shore hardnesses: Blue 09, Black 30
- > Different composition of the sole modules → Indication-dependent pressure redistribution
- > Dorsal extension: Negative heel of 2.4° → Forefoot off-loading
- > Plantar pressure redistribution
- > Shock-inhibiting
- > Material: EVA foam
- > Square Toe: Generous angular shape → Toe protection



Relief Contour Insole

Arch Cushion Insole



Pressure redistribution of up to 90 % due to nearly full contact

INDICATIONS

- > For use following hallux valgus and small toe surgeries (Austin, Akin, Scarf, Weil, Hohmann, etc.)
- > Talipes valgus, flat foot, splayfoot
- > Angioneuropathic changes of the foot in combination with mild foot deformities

Right ≠ Left 

For diabetics 

Time saving 

FEATURES

- > Arch cushion insole (long-sole)
- > Anatomically adapted contours → Optimal pressure redistribution
- > Contact between foot and sole over almost the entire surface
→ Pressure redistribution up to 90 %
- > Dorsal extension: Negative heel of 2.4° → Forefoot off-loading
- > Medial longitudinal arch and proximal transverse arch
→ Ideal load redistribution
- > Customisable PU material with high shape recovery
- > Soft lengthwise and crosswise sole covering → High wearing comfort
- > Square Toe: Generous angular shape → Toe protection



Article List

SIZE ART. NO. SIZE ART. NO.



Relief Dual®

Women | Colour grey

WS 34.0 – 36.5 RD-W1
WM 37.0 – 38.5 RD-W2
WL 39.0 – 41.0 RD-W3

Men | Colour grey:

MS 39.0 – 41.0 RD-M1
MM 41.5 – 43.0 RD-M2
ML 43.5 – 45.0 RD-M3
MXL 45.5 – 47.0 RD-M4



Toe cap (optional)

Women

WS 34.0 – 36.5 TCDW1
WM 37.0 – 38.5 TCDW2
WL 39.0 – 41.0 TCDW3

Men

MS 39.0 – 41.0 TCDM1
MM 41.5 – 43.0 TCDM2
ML 43.5 – 45.0 TCDM3
MXL 45.5 – 47.0 TCDM4

SIZE ART. NO. SIZE ART. NO. SIZE ART. NO. SIZE ART. NO.



PegAssist® Insole

Women

WS 34.0 – 36.5 PAS-W1
WM 37.0 – 38.5 PAS-W2
WL 39.0 – 41.0 PAS-W3

Men

MS 39.0 – 41.0 PAS-M1
MM 41.5 – 43.0 PAS-M2
ML 43.5 – 45.0 PAS-M3
MXL 45.5 – 47.0 PAS-M4



PegContour® Insole Uni

Women

WS 34.0 – 36.5 PCIU-W1
WM 37.0 – 38.5 PCIU-W2
WL 39.0 – 41.0 PCIU-W3

Men

MS 39.0 – 41.0 PCIU-M1
MM 41.5 – 43.0 PCIU-M2
ML 43.5 – 45.0 PCIU-M3
MXL 45.5 – 47.0 PCIU-M4



Puzzle Insole®

Women

WS 34.0 – 36.5 PI-WS
WM 37.0 – 38.5 PI-WM
WL 39.0 – 41.0 PI-WL

Men

MS 39.0 – 41.0 PI-MS
MM 41.5 – 43.0 PI-MM
ML 43.5 – 45.0 PI-ML
MXL 45.5 – 47.0 PI-MXL



Relief Contour Insole

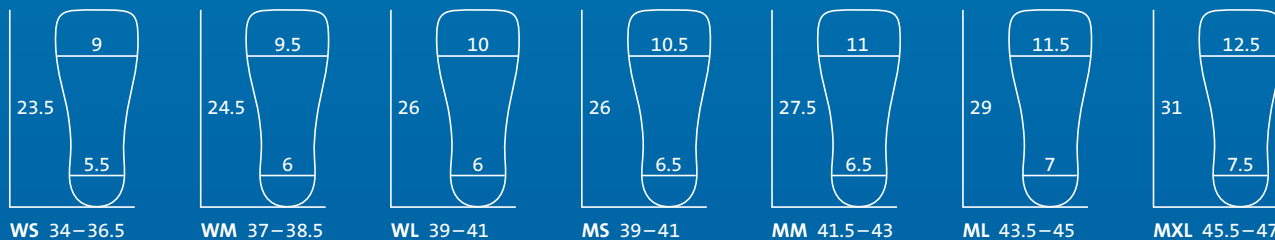
Women

WS 34.0 – 36.5 RC-W1-R RC-W1-L
WM 37.0 – 38.5 RC-W2-R RC-W2-L
WL 39.0 – 41.0 RC-W3-R RC-W3-L

Men

MS 39.0 – 41.0 RC-M1-R RC-M1-L
MM 41.5 – 43.0 RC-M2-R RC-M2-L
ML 43.5 – 45.0 RC-M3-R RC-M3-L
MXL 45.5 – 47.0 RC-M4-R RC-M4-L

Sizes and Measurements



All measurements are defined in cm and correspond to the insole. DARCO shoe sizes represent a general reference only. The choice of shoe size is significantly influenced by the volume of the bandages and size of cast.